

Coal Tyee News Flash



PRINCIPAL: Dr. Diane Charles
SECRETARY 2/3: Mrs. Bev Lundine

VICE PRINCIPAL: Mr. Chris Paugh
SECRETARY 1: Mrs. Tara Sampson

May 27, 2022

SMALL ACTS OF KINDNESS

Last week, Ms. Savage's grade 1 class finished completed the most amazing project! They were focusing on seeing what a small act of kindness could do for another person. They finger painted daisies on card stock, then added a thoughtful message. Last Friday, the class went for a walk through the neighbourhood and delivered their hand-made cards and a flower to several households. Ms. Savage reflected that she wished she had triple the number of cards and flowers as her students were really enjoying what their "small act of kindness" was doing! Here are some photos from this heartwarming event.



Just wanted to brighten
your day with a flower
and a hello from the
Grade 1's at Coal Tyee!



WE LEARNED THAT
A SIMPLE ACT OF
KINDNESS CAN
REALLY MAKE A BIG
DIFFERENCE!!



THE GYM RE-DO – WEEK 5



We were able to show the students the progress on the gym floor as part of our assembly yesterday. Some of the students wondered if the floor is going to stay "white". They were shocked to find out that the wood colour is what is supposed to be there! The gym will be so much brighter now! Our final assembly of the year will be the first time we are able to use this space again. We are all very excited!

INDIGENOUS WAYS OF BEING

Ms. Sahara, our Indigenous Culture and Student Support Worker spent some time with Mr. Paugh's grade 4/5 class this week, teaching of the practice of smudging. She shared the following information with all staff, and I wanted to share the knowledge with you as well.

What is smudging?

Smudging is commonly the practice of cleansing yourselves, others, objects, or spaces, through the burning of sacred medicines such as sage, sweetgrass, tobacco, and cedar. Although this practice is not commonly found in every group of Indigenous peoples, it is commonly practiced within many communities and nations, with many adopting the practice as a way of connecting further to their spiritual health. Each medicine holds great importance around its purposes, and how it should be used. Generally, one would use an abalone shell to hold the medicine, while lighting it on fire to begin releasing the smoke, then using their hands or a feather, you will use the smoke to cleanse over yourselves or another.



The act of smudging is a very spiritual practice that should be done with positive intentions and clear hearts and minds. It is believed that the act of smudging is a way to connect ourselves with the spiritual world, while cleansing and purifying ourselves and others from negative energy. Through the practice of smudging, we are able to encompass the four elements together in ceremony (abalone shell – water, medicine – earth, burning – fire, smoke – air) and allows us the time and space to be conscious and intentional with our own aspects of health and wellness (physical, mental, emotional, and spiritual).

As with all Indigenous practices, teachings, and ceremonies, the supplies and the knowledge should be acquired through knowledgeable Indigenous businesses and individuals. Myself, I have had extensive knowledge and practices given to me through assisting elders in various events, and have been able to share this knowledge and these practices with
Due to the smoke that is released, as well as the traditional practices and beliefs, smudging should be done in a well-ventilated area.



Ms. Sahara with the grade 4/5 class in the garden, smudging with Sage.



CALENDAR UPDATES

Please note that all the events are on our school website <https://ct.schools.sd68.bc.ca/> thanks to Mrs. Lundine’s careful attention to detail!

- Tuesday May 31 – Kim’s Cardio – outside session (weather permitting)
- Wednesday June 1 – Div 3, 4 and 5 to Swy-a-lana
- Thursday June 2 – Zone Track and Field Meet – Permission Slips have been sent home
- Friday June 3 – Welcome to Kindergarten! 9:30-11:00
- Friday June 3 – Munch-a-Lunch Pizza Hut
- Friday June 3 – Freezie Friday and Popcorn Sale
- Tuesday June 7 – “Have a coffee on us” morning!
- Wednesday June 8 – Grade 7 science at Bowen Park – Div 14, 15 and 16
- Wednesday June 8 – Div 5 field trip
- Thursday June 9- Div 1&2 to Hamilton Farm
- Thursday June 9 – Div 9&10 to Riptide mini golf and Parksville beach
- Friday June 10 – Freezie and Popcorn Sale

BEST ME I CAN BE

School Trustee Bill Robinson made another visit to our school today, continuing with the “Best Me I Can Be” program that both Mr. Paugh and Ms. Lupichuk do with their classes. Over the course of the year each student in these classes will receive a certificate that accentuates how they are being the “Best me I can be”. Here are some happy kids!



CHILD GOING TO BE AWAY?
 Email Info.ct@sd68.bc.ca or call us at 250-729-0450.



MEMBERS OF OUR RAINBOW RIVER LGBTQIA CLUB HELPED CREATE A COLLECTION OF BOOKS IN THE LIBRARY READY FOR ANYONE!



Did you know that there is a very active Facebook Group, managed by our PAC?
Please check it out! <https://www.facebook.com/groups/471883669518929/>



erase | EXPECT RESPECT & A SAFE EDUCATION

<https://www2.gov.bc.ca/gov/content/erase>

BE
KIND

Join the Facebook Group!
Family and Friends of Coal Tye Elementary School
stay in touch with all that is going on.



The new way to order hot lunch!
Next lunch is Friday June 3